



**STOCKTONFIT**  
Fitness for All.

Liability Waiver & Consent Form

I understand, agree and acknowledge that I am entering into a fitness program with DBA Stockton Fit and Jennifer Lagomarsino (hereafter known as Stockton Fit) at my own Risk. Stockton Fit is not responsible for any physical, medical, mental, emotional, physiological or even death that may occur while participating in all physical fitness activities, fitness training provided, instructed fitness, group fitness instruction, individual fitness training or any other type of Fitness training instructed by Stockton Fit or its contracted trainers. I Furthermore agree, understand, and acknowledge that in the event that I develop a condition or injure myself prior, during or after any type of fitness training associated with Stockton Fit, I the client assume all responsibility and cost that may be associated with those injuries or conditions. I also agree, understand, assume and acknowledge that in the event emergency services is notified to render to my aide, that I (the client) assume all responsibility and liability for those services that are rendered to myself (client) Stockton Fit will not be held liable. I agree understand and acknowledge that I have confirmed with my individual medical provider and received a clean bill of health prior to participating in a fitness training program of any kind. I agree, understand and acknowledge to all the above terms and statements on this waiver form. I agree understand and acknowledge that at no time will I the (client) hold Stockton Fit or its contracted trainers legally liable or responsible for any of the above statements in this Waiver form format. I understand, agree and acknowledge that Stockton Fit and [www.stocktonfitbootcamp.com](http://www.stocktonfitbootcamp.com) have my permission and prior consent to take photo, video of my person during workout sessions and furthermore give consent to Stockton Fit and [www.stocktonfitbootcamp.com](http://www.stocktonfitbootcamp.com) to share post edit or distribute pictures on any platform of the internet. (Facebook Instagram, snap chat, website pages, ect.)

Stockton Fit Additional Policy:

- No Refund & NO Exchange Policy at Anytime for any & all Fitness Training Provided or Instructed by Stockton Fit.
- Stockton Fit Reserves the right to terminate services at there discretion at anytime for any reason.
- Stockton Fit is not responsible for any Loss Property, Stolen Property or Damage Property while conducting Business or participating in a fitness training program at Stockton Fit.
- Stockton Fit Requires any and all persons under the age of 18 years of age, but not to exceed the age of 15 years of age to be occupied by legal guardian or relative above the age of 18.
- Stockton Fit does not have a child daycare or area for children to "wait" While conducting -Fitness Training. While conducting Fitness Training non training clients are prohibited in the training areas for clients safety.

My digital or ink signature is confirming that I (client) understand, agree and acknowledge the above terms and statements.

Client Name Print: \_\_\_\_\_ /Contact# \_\_\_\_\_

Client Signature: \_\_\_\_\_ Date \_\_\_\_\_

Emergency Contact name and # \_\_\_\_\_ Date \_\_\_\_\_

How Did You Hear About Us?? \_\_\_\_\_